

# Blue Shield Platinum 90 PPO

## Uniform Health Plan Benefits and Coverage Matrix

### Blue Shield of California

Effective January 1, 2017

**THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE *EVIDENCE OF COVERAGE* SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.**

This health plan uses the Exclusive PPO Provider Network.

	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
<b>Calendar Year Medical Deductible <sup>1</sup></b>	\$0	\$0
<b>Calendar Year Out-of-Pocket Maximum <sup>2</sup></b> (Copayments or coinsurance for covered services from participating providers accrues to both the participating and non-participating provider calendar year out-of-pocket maximum amounts.)	\$4,000 per individual / \$8,000 per family	\$7,000 per individual / \$14,000 per family
<b>Lifetime Benefit Maximum</b>	None	None

Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
<b>PROFESSIONAL SERVICES</b>		
<b>Professional Benefits</b>		
Primary care physician office visit	\$15 per visit	50%
Other practitioner office visit	\$15 per visit	50%
Specialist physician office visit	\$40 per visit	50%
Teladoc consultation	\$5 per consultation	Not Covered
<b>Allergy Testing and Treatment Benefits</b>		
Primary care physician office visits (includes visits for allergy serum injections)	\$15 per visit	50%
Specialist physician office visits (includes visits for allergy serum injections)	\$40 per visit	50%
Allergy serum purchased separately for treatment	10%	50%
<b>Preventive Health Benefits <sup>3</sup></b>		
Preventive health services (as required by applicable Federal and California law)	\$0	Not Covered

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Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
<b>OUTPATIENT SERVICES</b>		
<b>Hospital Benefits (Facility Services)</b>		
Outpatient surgery performed at a freestanding ambulatory surgery center	10%	50% <sup>4</sup> The maximum allowed amount for non-participating providers is \$300 per day. Members are responsible for 50% of this \$300 per day, plus all charges in excess of \$300
Outpatient surgery performed in a hospital or a hospital affiliated ambulatory surgery center	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
Outpatient visit	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
Outpatient services for treatment of illness or injury and necessary supplies (except as described under "Rehabilitation Benefits" and "Speech Therapy Benefits")	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
CT scans, MRIs, MRAs, PET scans, and cardiac diagnostic procedures utilizing nuclear medicine performed in a hospital <sup>6</sup> (prior authorization is required)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
Outpatient diagnostic x-ray and imaging performed in a hospital <sup>6</sup>	\$40 per visit	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
Outpatient diagnostic laboratory and pathology performed in a hospital <sup>6</sup>	\$20 per visit	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$500 per day. Members are responsible for 50% of this \$500 per day, plus all charges in excess of \$500
Outpatient laboratory, California Prenatal Screening Program	\$0	\$0
Bariatric surgery <sup>7</sup> (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	Not Covered
<b>HOSPITALIZATION SERVICES</b>		
<b>Hospital Benefits (Facility Services)</b>		
Inpatient physician fee	10%	50%
Inpatient non-emergency facility fee (semi-private room and board, and medically necessary services and supplies, including sub-acute care)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
Bariatric surgery <sup>7</sup> (prior authorization is required; medically necessary surgery for weight loss, for morbid obesity only)	10%	Not Covered

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Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
<b>Inpatient Skilled Nursing Benefits <sup>8, 9</sup></b> (combined maximum of up to 100 days per benefit period; prior authorization is required; semi-private accommodations)		
Services by a freestanding skilled nursing facility	10%	10% <sup>9</sup>
Skilled nursing unit of a hospital	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
<b>EMERGENCY HEALTH COVERAGE</b>		
Emergency room visit not resulting in admission - facility fee (copayment does not apply if the Member is directly admitted to the hospital for inpatient services)	\$150 per visit	\$150 per visit
Emergency room visit resulting in admission – facility fee (when the Member is admitted directly from the Emergency Room)	10%	10%
Emergency room visit not resulting in admission - physician fee (copayment does not apply if the Member is directly admitted to the hospital for inpatient services)	\$0	\$0
Emergency room visit resulting in admission - physician fee	\$0	\$0
Urgent care	\$15 per visit	50%
<b>AMBULANCE SERVICES</b>		
Emergency or authorized transport (ground or air)	\$150	\$150
	<b>Participating Pharmacy</b>	<b>Non-Participating Pharmacy</b>
<b>PRESCRIPTION DRUG (PHARMACY) COVERAGE <sup>10, 11, 12, 13, 14, 15</sup></b>		
<b>Retail Pharmacies</b> (up to a 30-day supply)		
Contraceptive drugs and devices <sup>11</sup>	\$0	Not Covered
Tier 1 Drugs	\$5 per prescription	Not Covered
Tier 2 Drugs	\$15 per prescription	Not Covered
Tier 3 Drugs	\$25 per prescription	Not Covered
Tier 4 Drugs (excluding Specialty Drugs)	10% up to \$250 maximum per prescription	Not Covered
<b>Mail Service Pharmacies</b> (up to a 90-day supply)		
Contraceptive drugs and devices <sup>11</sup>	\$0	Not Covered
Tier 1 Drugs	\$15 per prescription	Not Covered
Tier 2 Drugs	\$45 per prescription	Not Covered
Tier 3 Drugs	\$75 per prescription	Not Covered
Tier 4 Drugs (excluding Specialty Drugs)	10% up to \$750 maximum per prescription	Not Covered

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Covered Services	Member Copayment	
	Participating Pharmacy	Non-Participating Pharmacy
<b>Network Specialty Pharmacies</b> <sup>13,14,15</sup> (up to a 30-day supply)		
Tier 4 Drugs	10% up to \$250 maximum per prescription	Not Covered
Oral anticancer medications	10% up to \$200 maximum per prescription	Not Covered
	<b>Participating Providers</b> <sup>1</sup>	<b>Non-Participating Providers</b> <sup>1</sup>
<b>PROSTHETICS/ORTHOTICS</b>		
Prosthetic equipment and devices (separate office visit copayment may apply)	10%	50%
Orthotic equipment and devices (separate office visit copayment may apply)	10%	50%
<b>DURABLE MEDICAL EQUIPMENT</b>		
Breast pump	\$0	Not Covered
Other durable medical equipment	10%	50%
<b>MENTAL HEALTH AND BEHAVIORAL HEALTH SERVICES</b> <sup>16</sup>		
Inpatient hospital services (prior authorization required)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
Residential care (prior authorization required)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
Inpatient professional (physician) services (prior authorization required)	10%	50%
Routine outpatient mental health and behavioral health services (includes professional/physician visits; some services may require prior authorization and facility charges)	\$15 per visit	50%
Non-routine outpatient mental health and behavioral health services (includes behavioral health treatment, electroconvulsive therapy, intensive outpatient programs, partial hospitalization programs, transcranial magnetic stimulation, and psychological testing. For partial hospitalization programs, a higher copayment and facility charges may apply per episode of care. Some services may require prior authorization and facility charges)	\$0	50%
<b>SUBSTANCE USE DISORDER SERVICES</b> <sup>16</sup>		
Inpatient hospital services (prior authorization required)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
Residential care (prior authorization required)	10%	50% <sup>5</sup> The maximum allowed amount for non-participating providers is \$2,000 per day. Members are responsible for 50% of this \$2,000 per day, plus all charges in excess of \$2,000
Inpatient professional (physician) services (prior authorization required)	10%	50%
Routine outpatient substance use disorder services (includes professional/physician visits; some services may require prior authorization and facility charges)	\$15 per visit	50%

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Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
Non-routine outpatient substance use disorder services (services may require prior authorization; includes partial hospitalization program, intensive outpatient program, and office-based opioid detoxification and/or maintenance therapy. Higher copayment and facility charges per episode of care may apply for partial hospitalization programs.)	\$0	50%
<b>HOME HEALTH SERVICES</b>		
Home health care agency visits <sup>8</sup> (up to 100 prior authorized visits per calendar year)	10%	Not Covered
Home infusion/home intravenous injectable therapy	10%	Not Covered
Home infusion nursing visits provided by a home infusion agency	10%	Not Covered
<b>HOSPICE PROGRAM BENEFITS</b>		
Routine home care	\$0	Not Covered
Inpatient respite care	\$0	Not Covered
24-hour continuous home care	\$0	Not Covered
Short-term inpatient care for pain and symptom management	\$0	Not Covered
<b>CHIROPRACTIC BENEFITS</b>		
Chiropractic services	Not Covered	Not Covered
<b>ACUPUNCTURE BENEFITS</b>		
Acupuncture services (benefits provided are for the treatment of nausea or as part of a comprehensive pain management program for the treatment of chronic pain only)	\$15 per visit	50%
<b>REHABILITATION AND HABILITATIVE BENEFITS</b> (Physical, Occupational, and Respiratory Therapy)		
Office location	\$15 per visit	50%
<b>SPEECH THERAPY BENEFITS</b>		
Office location	\$15 per visit	50%
<b>PREGNANCY AND MATERNITY CARE BENEFITS</b>		
Prenatal and preconception physician office visit (for inpatient hospital services, see "Hospitalization Services")	\$0	50%
Delivery and all inpatient physician services	10%	50%
Postnatal physician office visit: initial visit (for inpatient hospital services, see "Hospitalization Services")	\$0	50%
Abortion services (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	10%	50%

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Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
<b>FAMILY PLANNING BENEFITS</b>		
Counseling, consulting, and education (includes insertion of IUD, as well as injectable and implantable contraceptives for women)	\$0	Not Covered
Tubal ligation	\$0	Not Covered
Vasectomy (an additional facility copayment may apply when services are rendered in a hospital or outpatient surgery center)	10%	Not Covered
Infertility services	Not Covered	Not Covered
<b>DIABETES CARE BENEFITS</b>		
Devices, equipment, and non-testing supplies (Member share is based upon allowed charges; for testing supplies see "Prescription Drug Coverage")	10%	50%
Diabetes self-management training in an office setting	\$0	50%
<b>CARE OUTSIDE OF CALIFORNIA</b> (Benefits provided through the BlueCard® Program for out-of-state emergency and non-emergency care are provided at the participating level of the local Blue Plan allowable amount when you use a Blue Cross/Blue Shield provider)		
Within US: BlueCard Program	See Applicable Benefit	See Applicable Benefit
Outside of US: BlueCard Worldwide	See Applicable Benefit	See Applicable Benefit
<b>Pediatric Vision Benefits <sup>17</sup></b> – Pediatric vision benefits are available for Members through the end of the month in which the Member turns 19. All pediatric vision benefits are provided through MESVision, Blue Shield's Vision Plan Administrator.		
<b>Comprehensive Eye Exam <sup>18</sup></b> one per calendar year (includes dilation, if professionally indicated)		
Ophthalmologic - Routine ophthalmologic exam with refraction – new patient (S0620) - Routine ophthalmologic exam with refraction – established patient (S0621)	\$0	Covered up to \$30 maximum Allowance
Optometric - New patient exam (92002/92004) - Established patient exam (92012/92014)	\$0	Covered up to \$30 maximum Allowance
<b>Eyeglasses</b>		
Lenses: one pair per calendar year - Single vision (V2100-2199) - Conventional (lined) bifocal (V2200-2299) - Conventional (lined) trifocal (V2300-2399) - Lenticular (V2121, V2221, V2321) Lenses include choice of glass or plastic lenses, all lens powers (single vision, bifocal, trifocal, lenticular), fashion and gradient tinting, scratch coating, oversized and glass-grey #3 prescription sunglass lenses.	\$0	Covered up to a maximum Allowance of: \$25 single vision \$35 lined bifocal \$45 lined trifocal \$45 lenticular
<b>Optional Lenses and Treatments</b>		
UV coating (standard only)	\$0	Not Covered
Polycarbonate lenses	\$0	Not Covered
Anti-reflective coating (standard only)	\$35	Not Covered
Hi-index lenses	\$30	Not Covered
Photochromic lenses – plastic	\$0	Not Covered
Photochromic lenses – glass	\$25	Not Covered
Polarized lenses	\$45	Not Covered

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Covered Services	Member Copayment	
	Participating Providers <sup>1</sup>	Non-Participating Providers <sup>1</sup>
Standard progressives	\$0	Not Covered
Premium progressives	\$95	Not Covered
<b>Frame <sup>19</sup></b> (one frame per calendar year)		
Collection frame	\$0	Covered up to \$40 maximum Allowance
Non-collection frame (V2020)	Covered up to \$150 maximum Allowance	Covered up to \$40 maximum Allowance
<b>Contact Lenses <sup>20</sup></b>		
Elective (Cosmetic/Convenience) – standard hard (V2500, V2510)	\$0	Covered up to \$75 maximum Allowance
Elective (Cosmetic/Convenience) – standard soft (V2520) (One pair per month, up to 6 months, per Calendar Year)	\$0	Covered up to \$75 maximum Allowance
Elective (Cosmetic/Convenience) – non-standard hard (V2501-V2503, V2511-V2513, V2530-V2531)	\$0	Covered up to \$75 maximum Allowance
Elective (Cosmetic/Convenience) – non-standard soft (V2521-V2523) (One pair per month, up to 3 months, per Calendar Year)	\$0	Covered up to \$75 maximum Allowance
Non-Elective (Medically Necessary) – hard or soft <sup>21</sup>	\$0	Covered up to \$225 maximum Allowance
<b>Other Pediatric Vision Benefits</b>		
Comprehensive low vision exam <sup>21</sup> (Once every 5 Calendar Years)	\$0	Not Covered
Low vision devices <sup>21</sup> (One aid per Calendar Year)	\$0	Not Covered
Diabetes management referral	\$0	Not Covered
<b>Pediatric Dental Benefits <sup>22</sup></b> – Pediatric dental benefits are available for Members through the end of the month in which the Member turns 19. All pediatric dental benefits are provided by Dental Benefits Providers, Blue Shield's Dental Plan Administrator.		
	Participating Dentists	Non-Participating Dentists <sup>23</sup>
<b>Diagnostic and Preventive</b>		
Oral exam	\$0	10%
Preventive - cleaning	\$0	10%
Preventive - x-ray	\$0	10%
Sealants per tooth	\$0	10%
Topical fluoride application	\$0	10%
Space maintainers - fixed	\$0	10%
<b>Basic Services <sup>24</sup></b>		
Restorative procedures	20%	30%
Periodontal maintenance services	20%	30%

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Covered Services	Member Copayment	
	Participating Dentists	Non-Participating Dentists <sup>23</sup>
<b>Major Services <sup>24</sup></b>		
Crowns and casts	50%	50%
Endodontics	50%	50%
Periodontics (other than maintenance)	50%	50%
Prosthodontics	50%	50%
Oral surgery	50%	50%
<b>Orthodontics <sup>24, 25</sup></b>		
Medically necessary orthodontics	50%	50%

**Please Note:** Benefits are subject to modification for subsequently enacted state or federal legislation.

### Endnotes

- 1 The Member is responsible for a copayment or coinsurance from participating providers. Participating providers accept Blue Shield's allowable amounts as full payment for covered services.  
  
Non-participating providers can charge more than these amounts. When Members use non-participating providers, they must pay the applicable deductibles, copayments or coinsurance plus any amount that exceeds Blue Shield's allowable amount. Charges above the allowable amount do not count toward the calendar year medical deductible out-of-pocket maximum. Covered Services by Non-Preferred and Non-Participating Providers that are prior authorized as Preferred or Participating will be covered as a Preferred or Participating Provider Benefit.
- 2 For family coverage, there is an individual out-of-pocket maximum within the family out-of-pocket maximum. This means that the out-of-pocket maximum will be met for an individual who meets the individual out-of-pocket maximum prior to the family meeting the family out-of-pocket maximum.  
  
Copayments or coinsurance for covered services accrue to the calendar year out-of-pocket maximum, except copayments or coinsurance for (a) charges in excess of specified benefit maximums; (b) Bariatric surgery: covered travel expenses for bariatric surgery; and (c) Dialysis center services dialysis services from a non-participating provider. Copayments, coinsurance, and charges for services not accruing to the Member's calendar year out-of-pocket maximum continue to be the Member's responsibility after the calendar year out-of-pocket maximum is reached. Please refer to the Summary of Benefits and *Evidence of Coverage* for additional details. Co-payments may never exceed the plan's actual cost of the service.
- 3 Preventive Health Services, including an annual preventive care or well-baby care office visit, are not subject to the calendar year medical deductible. Other covered non-preventive services received during, or in connection with, the preventive care or well-baby care office visit are subject to the calendar year medical deductible and applicable Member copayment/coinsurance.
- 4 The allowable amount for non-emergency surgery and services performed in a non-participating ambulatory surgery center is \$300 per day. Members are responsible for the coinsurance and all charges in excess of \$300 per day. Charges that exceed the allowable amount do not count toward the calendar year out-of-pocket maximum and continue to be owed after the maximum is reached.
- 5 The allowable amount for non-emergency surgery and services and supplies received from a non-participating hospital or facility is limited to \$500 (outpatient) or \$2,000 (inpatient) per day. Members are responsible for the coinsurance and all charges that exceed \$500 (outpatient) or \$2,000 (inpatient) per day. Charges that exceed the allowable amount do not count toward the calendar year out-of-pocket maximum and continue to be owed after the maximum is reached.
- 6 Participating non-hospital based ("freestanding") outpatient x-ray, laboratory, and pathology or radiology center may not be available in all areas. Outpatient x-ray, pathology and laboratory and radiology services may also be obtained from a hospital, an ambulatory surgery center, or radiology center that is affiliated with a hospital, and paid according to the hospital services benefits.
- 7 Bariatric surgery is covered when prior authorized by Blue Shield; however, for Members residing in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura counties ("Designated Counties"), bariatric surgery services are covered only when performed at designated contracting bariatric surgery facilities and by designated contracting surgeons. Coverage is not available for bariatric services from any other participating provider and there is no coverage for bariatric services from non-participating providers. In addition, if prior authorized by Blue Shield, a Member in a Designated County who is required to travel more than 50 miles to a designated bariatric surgery facility will be eligible for limited reimbursement for specified travel expenses for the Member and one companion. Refer to the Summary of Benefits and *Evidence of Coverage* for further details.
- 8 For plans with a calendar year medical deductible amount, services with a day or visit limit accrue to the calendar year day or visit limit maximum regardless of whether the plan calendar year medical deductible has been met.
- 9 Services may require prior authorization by the plan. When services are prior authorized, Members pay the participating provider amount.

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- 10 This plan's prescription drug coverage is on average equivalent to or better than the standard benefit set by the federal government for Medicare Part D (also called creditable coverage). Because this plan's prescription drug coverage is creditable, you do not have to enroll in a Medicare prescription drug plan while you maintain this coverage. However, you should be aware that if you have a subsequent break in this coverage of 63 days or more anytime after you were first eligible to enroll in a Medicare prescription drug plan, you could be subject to a late enrollment penalty in addition to your Medicare Part D premium.
- 11 Contraceptive drugs and devices covered under the outpatient prescription drug benefit do not require a copayment and are not subject to the calendar year medical deductible when obtained from a participating pharmacy. However, if a brand contraceptive drug is selected when a Tier 1 drug equivalent is available, the Member is responsible for paying the difference between the cost to Blue Shield for the brand contraceptive and its Tier 1 drug equivalent. The difference in cost that the Member must pay does not accrue to any calendar year medical or pharmacy deductible and is not included in the calendar year out-of-pocket maximum responsibility calculation. The Member or physician may request a medical necessity exception to the difference in cost as further described in the *Evidence of Coverage*. In addition, select brand contraceptives may need prior authorization to be covered without a copayment. The Member may receive up to a 12-month supply of contraceptive Drugs.
- 12 If a Member or physician selects a brand drug when a Tier 1 drug equivalent is available, the Member is responsible for paying the difference in cost between the cost to Blue Shield for the brand drug and its Tier 1 drug equivalent, in addition to the Tier 1 copayment. The difference in cost that the Member must pay does not accrue to any calendar year out-of-pocket maximum responsibility calculation. The Member or physician may request a medical necessity exception to the difference in cost as further described in the *Evidence of Coverage*. Refer to the *Evidence of Coverage* and Summary of Benefits for details.
- 13 Network Specialty Pharmacies dispense Specialty Drugs, which require coordination of care, close monitoring, or extensive patient training that generally cannot be met by a retail pharmacy. Network Specialty Pharmacies also dispense Specialty Drugs which may also require special handling or manufacturing processes, restriction to certain Physicians or pharmacies, or reporting of certain clinical events to the FDA. Specialty Drugs are generally high cost.
- 14 Specialty Drugs are available from a Network Specialty Pharmacy. A Network Specialty Pharmacy provides Specialty Drugs by mail or upon Member request, at an associated retail store for pickup.
- 15 Blue Shield's Short-Cycle Specialty Drug Program allows initial prescriptions for select Specialty Drugs to be dispensed for a 15-day trial supply, as further described in the *Evidence of Coverage*. In such circumstances, the applicable Specialty Drug copayment or coinsurance will be pro-rated.
- 16 Mental Health and Substance Use Disorder Services are accessed through Blue Shield's Mental Health Service Administrator (MHSA) using Blue Shield's MHSA participating and non-participating providers. Only Mental Health and Substance Use Disorder Services rendered by Blue Shield MHSA participating providers are administered by the Blue Shield MHSA. Mental Health and Substance Use Disorder Services rendered by non-participating providers are administered by Blue Shield. Inpatient services for acute detoxification are covered under the medical benefit; see the Hospital Benefits (Facility Services) section of the *Evidence of Coverage* for benefit details. Services for acute medical detoxification are accessed through Blue Shield using Blue Shield's participating providers or non-participating providers.
- 17 For a list of participating vision providers, Members can search in the "Find a Provider" section of blueshieldca.com. All pediatric vision benefits are provided through MESVision, Blue Shield's Vision Plan Administrator. Any vision services deductibles, copayments, and coinsurance for covered vision services from participating vision providers accrue to the calendar year out-of-pocket maximum. Charges in excess of benefit maximums and premiums do not accrue to the calendar year out-of-pocket maximum.
- 18 The comprehensive examination benefit allowance includes fitting, evaluation and follow-up care fees for Non-Elective (Medically Necessary) Contact Lenses (hard or soft) or Elective Contact Lenses (standard hard or soft) in lieu of eyeglasses by Participating or Preferred Providers.
- 19 This benefit covers collection frames at no cost at participating independent and retail chain providers. Participating retail chain providers typically do not display the frames as "collection", but are required to maintain a comparable selection of frames that are covered in full. For non-collection frames, the allowable amount is up to \$150; however, if (a) the participating provider uses wholesale pricing, then the wholesale allowable amount will be up to \$99.06, or if (b) the participating provider uses warehouse pricing, then the warehouse allowable amount will be up to \$103.64. Participating providers using wholesale pricing are identified in the provider directory. If frames are selected that are more expensive than the allowable amount established for this benefit, the Member is responsible for the difference between the allowable amount and the provider's charge.
- 20 Contact lenses are covered in lieu of eyeglasses. See the Definitions section in the *Evidence of Coverage* for the definitions of Elective Contact Lenses and Non-Elective (Medically Necessary) Contact Lenses. A report from the provider and prior authorization from the Vision Plan Administrator (VPA) is required.
- 21 A report from the provider and prior authorization from the contracted VPA is required.
- 22 Pediatric dental benefits are available through a network of participating dentists. With the exception of emergency dental services, all dental services must be provided through a participating dentist in this network. For a list of participating dentists, Members can search in the "Find a Provider" section of blueshieldca.com. All pediatric dental benefits are provided by Dental Benefits Providers, Blue Shield's Dental Plan Administrator.
- Copayments and coinsurance for covered dental services accrue to the calendar year out-of-pocket maximum, including any copayments for covered orthodontia services. Costs for non-covered services, charges in excess of benefit maximums, and premiums, do not accrue to the calendar year out-of-pocket maximum.
- 23 For Covered Services rendered by Non-Participating Dentists, the Member is responsible for all charges above the Allowable Amount.
- 24 There are no waiting periods for pediatric dental services.
- 25 The Member's Copayment or Coinsurance for covered Medically Necessary Orthodontia services applies to a course of treatment even if it extends beyond a Calendar Year. This applies as long as the Member remains enrolled in the Plan.

Benefit plans may be modified to ensure compliance with state and federal requirements

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## **Notice Informing Individuals about Nondiscrimination and Accessibility Requirements**

### **Discrimination is against the law**

Blue Shield of California complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Blue Shield of California does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Blue Shield of California:

- Provides aids and services at no cost to people with disabilities to communicate effectively with us such as:
  - Qualified sign language interpreters
  - Written information in other formats (including large print, audio, accessible electronic formats and other formats)
- Provides language services at no cost to people whose primary language is not English such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact the Blue Shield of California Civil Rights Coordinator.

If you believe that Blue Shield of California has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with:

Blue Shield of California  
Civil Rights Coordinator  
P.O. Box 629007  
El Dorado Hills, CA 95762-9007

**Phone: (844) 831-4133 (TTY: 711)**

**Fax: (916) 350-7405**

**Email: [BlueShieldCivilRightsCoordinator@blueshieldca.com](mailto:BlueShieldCivilRightsCoordinator@blueshieldca.com)**

You can file a grievance in person or by mail, fax or email. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue SW.  
Room 509F, HHH Building  
Washington, DC 20201  
(800) 368-1019; TTY: (800) 537-7697

Complaint forms are available at [www.hhs.gov/ocr/office/file/index.html](http://www.hhs.gov/ocr/office/file/index.html).

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**IMPORTANT:** Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For help at no cost, please call right away at the Member/Customer Service telephone number on the back of your Blue Shield ID card, or (866) 346-7198.

**IMPORTANTE:** ¿Puede leer esta carta? Si no, podemos hacer que alguien le ayude a leerla. También puede recibir esta carta en su idioma. Para ayuda sin cargo, por favor llame inmediatamente al teléfono de Servicios al miembro/cliente que se encuentra al reverso de su tarjeta de identificación de Blue Shield o al (866) 346-7198. (Spanish)

**重要通知：**您能讀懂這封信嗎？如果不能，我們可以請人幫您閱讀。這封信也可以用您所講的語言書寫。如需免費幫助，請立即撥打登列在您的Blue Shield ID卡背面上的會員/客戶服務部的電話，或者撥打電話 (866) 346-7198。(Chinese)

**QUAN TRỌNG:** Quý vị có thể đọc lá thư này không? Nếu không, chúng tôi có thể nhờ người giúp quý vị đọc thư. Quý vị cũng có thể nhận lá thư này được viết bằng ngôn ngữ của quý vị. Để được hỗ trợ miễn phí, vui lòng gọi ngay đến Ban Dịch vụ Hội viên/Khách hàng theo số ở mặt sau thẻ ID Blue Shield của quý vị hoặc theo số (866) 346-7198. (Vietnamese)

**MAHALAGA:** Nababasa mo ba ang sulat na ito? Kung hindi, maari kaming kumuha ng isang tao upang matulungan ka upang mabasa ito. Maari ka ring makakuha ng sulat na ito na nakasulat sa iyong wika. Para sa libreng tulong, mangyaring tumawag kaagad sa numerong telepono ng Miyembro/Customer Service sa likod ng iyong Blue Shield ID kard, o (866) 346-7198. (Tagalog)

**Baa' ákohwiindzindooígí:** Díí naaltsoosísh yíiníłta'go bíníghah? Doo bíníghahgóó éí, naaltsoos nich'í' yíidóoltahígíí ła' nihee hółó. Díí naaltsoos áldó' t'áá Diné k'ehjí ádoolníł nínízingo bíghah. Doo ɓaah ílínígó shíká' adoowoł nínízingo nihich'í' béesh bee hódílnih dóó námboo éí díí Blue Shield bee néího'díłzinígí bine'dée' bikáá' éí doodagó éí (866) 346-7198 jì' hódílnih. (Navajo)

**중요:** 이 서신을 읽을 수 있으세요? 읽으실 수 경우, 도움을 드릴 수 있는 사람이 있습니다. 또한 다른 언어로 작성된 이 서신을 받으실 수도 있습니다. 무료로 도움을 받으시려면 Blue Shield ID 카드 뒷면의 회원/고객 서비스 전화번호 또는 (866) 346-7198로 지금 전화하세요. (Korean)

**ԿԱՐԵՎՈՐ Է:** Կարողանում ե՞ք կարդալ այս նամակը: Եթե ոչ, ապա մենք կօգնենք ձեզ: Դուք պետք է նաև կարողանաք ստանալ այս նամակը ձեր լեզվով: Ծառայությունն անվճար է: Խնդրում ենք անմիջապես զանգահարել Հաճախորդների սպասարկման բաժնի հեռախոսահամարով, որը նշված է ձեր Blue Shield ID քարտի ետևի մասում, կամ (866) 346-7198 համարով: (Armenian)

**ВАЖНО:** Не можете прочесть данное письмо? Мы поможем вам, если необходимо. Вы также можете получить это письмо написанное на вашем родном языке. Позвоните в Службу клиентской/членской поддержки прямо сейчас по телефону, указанному сзади идентификационной карты Blue Shield, или по телефону (866) 346-7198, и вам помогут совершенно бесплатно. (Russian)

**重要:** お客様は、この手紙を読むことができますか？もし読むことができない場合、弊社が、お客様をサポートする人物を手配いたします。また、お客様の母国語で書かれた手紙をお送りすることも可能です。無料のサポートを希望される場合は、Blue Shield IDカードの裏面に記載されている会員/お客様サービスの電話番号、または、(866) 346-7198にお電話をおかけください。 (Japanese)

**مهم:** آیا می‌توانید این نامه را بخوانید؟ اگر پاسختان منفی است، می‌توانیم کسی را برای کمک به شما در اختیارتان قرار دهیم. حتی می‌توانید نسخه مکتوب این نامه را به زبان خودتان دریافت کنید. برای دریافت کمک رایگان، لطفاً بدون فوت وقت از طریق شماره تلفنی که در پشت کارت شناسی Blue Shieldتان درج شده است و یا از طریق شماره تلفن (866) 346-7198 با خدمات مشتری تماس بگیرید. (Persian)

**ਮਹੱਤਵਪੂਰਨ:** ਕੀ ਤੁਸੀਂ ਇਸ ਪੱਤਰ ਨੂੰ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇ ਨਹੀਂ ਤਾਂ ਇਸ ਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਮਦਦ ਲਈ ਅਸੀਂ ਕਿਸੇ ਵਿਅਕਤੀ ਦਾ ਪ੍ਰਬੰਧ ਕਰ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ ਇਹ ਪੱਤਰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਲਿਖਿਆ ਹੋਇਆ ਵੀ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹੋ। ਮੁਫਤ ਵਿੱਚ ਮਦਦ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਤੁਹਾਡੇ Blue Shield ID ਕਾਰਡ ਦੇ ਪਿੱਛੇ ਦਿੱਤੇ ਮੈਂਬਰ/ਕਸਟਮਰ ਸਰਵਿਸ ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ, ਜਾਂ (866) 346-7198 ਤੇ ਕਾਲ ਕਰੋ। (Punjabi)

**ប្រការសំខាន់៖** តើអ្នកអាចលិខិតនេះ បានដែរឬទេ? បើមិនអាចទេ យើងអាចឱ្យគេជួយអ្នកក្នុងការអានលិខិតនេះ។ អ្នកក៏អាចទទួលបានលិខិតនេះជាភាសារបស់អ្នកផងដែរ។ សម្រាប់ជំនួយដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទភ្លាមៗទៅកាន់លេខទូរស័ព្ទសេវាសមាជិក/អតិថិជនដែលមាននៅលើខ្នងប័ណ្ណសម្គាល់ Blue Shield របស់អ្នក ឬតាមរយៈលេខ (866) 346-7198។ (Khmer)

**المهم:** هل تستطيع قراءة هذا الخطاب؟ أن لم تستطع قراءته، يمكننا إحضار شخص ما ليساعدك في قراءته. قد تحتاج أيضاً إلى الحصول على هذا الخطاب مكتوباً بلغتك. للحصول على المساعدة بدون تكلفة، يرجى الاتصال الآن على رقم هاتف خدمة العملاء/أحد الأعضاء المدون على الجانب الخلفي من بطاقة الهوية Blue Shield أو على الرقم (866) 346-7198. (Arabic)

**TSEEM CEEB:** Koj pos tuaj yeem nyeem tau tsab ntawv no? Yog hais tias nyeem tsis tau, peb tuaj yeem nrhiav ib tug neeg los pab nyeem nws rau koj. Tej zaum koj kuj yuav tau txais muab tsab ntawv no sau ua koj hom lus. Rau kev pab txhais dawb, thov hu kias rau tus xov tooj Kev Pab Cuam Tub Koom Xeeb/Tub Lag Luam uas nyob rau sab nraum nrob qaum ntawm koj daim npav Blue Shield ID, los yog hu rau tus xov tooj (866) 346-7198. (Hmong)

**สำคัญ:** คุณอ่านจดหมายฉบับนี้ได้หรือไม่ หากไม่ได้ โปรดขอความช่วยเหลือจากผู้อ่านได้ คุณอาจได้รับจดหมายฉบับนี้เป็นภาษาของคุณ หากต้องการความช่วยเหลือโดยไม่มีค่าใช้จ่าย โปรดติดต่อฝ่ายบริการลูกค้า/สมาชิกทางเบอร์โทรศัพท์ในบัตรประจำตัว Blue Shield ของคุณ หรือโทร (866) 346-7198 (Thai)

**महत्वपूर्ण:** क्या आप इस पत्र को पढ़ सकते हैं? यदि नहीं, तो हम इसे पढ़ने में आपकी मदद के लिए किसी व्यक्ति का प्रबंध कर सकते हैं। आप इस पत्र को अपनी भाषा में भी प्राप्त कर सकते हैं। निःशुल्क मदद प्राप्त करने के लिए अपने Blue Shield ID कार्ड के पीछे दिए गये मੈबर/कस्टमर सर्विस टेलीफोन नंबर, या (866) 346-7198 पर कॉल करें। (Hindi)